

Location	Dist	First Runner Time of Day	Last Runner Time of Day	Cut Off Time of day	Postcode	W3W	Lat Long	Address
Registration	0				G62 8DZ	gown.game.line		St Joseph's RC Church Hall. 3 Buchanan St, Milngavie, Glasgow
Milngavie	0	21:00	0:30		G62 8BS	rivers.tools.ozone	55.94127177871275, -4.31419033074853	Railway Station Car Park, Milngavie, Glasgow G62 8BS
Beech Tree	7	1:30	2:45		G63 9LA	eruptions.crown.plants	56.02122092913553, -4.370706344237539	DUMGOYNE, BY KILLEARN, GLASGOW G63 9LA
Drymen	12.5	2:30	4:30		G63 0AA	stirs.dragonfly.pity	56.0683570962123, -4.439885067391277	Stirling Rd, Glasgow G63 0AA
Balmaha	19	3:25	6:00	6:00	G63 0JQ	awestruck.swerves.luring	56.112357358974656, -4.537842930412844	Balmaha Car Park, Balmaha, Glasgow G63 0JQ
Rowardennan	26	4:25	8:20		G63 0AR	rocks.rollover.hotels	56.1520916070101, -4.642291073753873	Rowardennan Car Park, Stirling, Glasgow G63 0AR
Inversnaid	34	5:30	10:30		FK8 3TU	perused.start.freezing	56.242877177238306, -4.6850675442269205	Inversnaid, Stirling, FK8 3TU
Beinglas	42	6:30	13:00	13:00	G837DX	vacancies.barman.ahead	56.331077828827915, -4.716790586551249	Beinglas Farm Campsite, Inverarnan, Loch Lomond, G83 7DX
Auctertyre	51	7:45	16:15	16:30	FK20 8RU	crockery.viewer.bagpipes	56.42496684786491, -4.670848086546749	Kirkton & Auchtertyre Farms /Strathfillan Wigwams. Tyndrum, Crianlarich
Bridge of Orchy	60	9:00	19:15	19:30	PA36 4AB	lentil.amber.speeded	56.51803615744404, -4.770558044213739	Bridge Of Orchy PA36 4AB
Glencoe	71	10:40	23:45	0:00	PH49 4HZ	obstruct.punks.darting	56.63259080129806, -4.827844086536751	Glencoe Mountain Resort, Glencoe PH49 4HZ
Kinlochleven	81	12:15	4:45	5:00	PH50 4QH	holidays.interludes.pits	56.71466165213775, -4.967052500187784	Leven Centre, Riverside Rd, Kinlochleven
Lundavra	88	13:45	9:30		PH33 6SZ	receive.acted.swimsuits	56.751643, -5.108576	W Highland Way, Fort William PH33 6SZ
Fort William	95	14:40	12:00	12:00	PH33 6AN	lashed.romantics.tourist	56.822187890852575, -5.103765886527643	Nevis Centre, An Aird, Fort William PH33 6AN
First Runner based on Rob Sinclair's record run in 2017								