# Date: 03 May 2022

**New West Highland Way bridge in memory of Ultra-Runner John Kynaston**

A new West Highland Way bridge has been installed near Derrydarroch in memory of Scotland and UK ultra-runner John Kynaston, who sadly passed away in January 2021.

John, originally from Liverpool and aged 61 at the time, was a committee member of the West Highland Way Race, one of the world’s longest established ultra-marathons.

John’s family, friends and the ultra-running community organised a crowdfunder to raise £20,000 for the replacement bridge, just north of Beinglas Farm in Loch Lomond & The Trossachs National Park. The original bridge was washed away in a severe storm in 2019.

The project is supported by John's wife Katrina, and his four daughters Jo, Emma, Laura and Hollie.

Ian Beattie MBE, West Highland Way Race Director, said: “John was a truly inspirational man, friend and athlete and the whole ultra-running community misses him dearly. He loved the Way and the Race, and we believe this bridge provides fitting tribute to him”.

Stuart Mearns, Director of Place at the National Park Authority*,* said: “The West Highland Way is a much-loved route and it is fantastic to see this replacement bridge completed and dedicated to someone who gained so much pleasure from outdoor activity in our beautiful landscape.

“We were pleased to be able to support the project as we work with the West Highland Way’s Management and partners to look after this iconic long distance path – we hope the bridge will be enjoyed by many people for years to come”.

**Background**

**John Kynaston, 20 March 1959 - 12 January 2021**

John was a Kilbarchan Amateur Athletic Club (AAC) stalwart, a renowned ultra runner, podcaster, blogger and inspiration to many. He suffered a heart attack early in 2021, 61 years young at the time. John is survived by wife Katrina and children Jo, Emma, Laura and Hollie. Originally from Liverpool and most recently living in Paisley, John started recording his thoughts and experiences training for the West Highland Way race some 15 years ago. By 2020, he had run 52 ultras, including six editions of the WHW Race. John had a long-term goal of 100 ultras by his 70th birthday – a target which he will sadly never meet. John was also well-known in Glasgow via his day job with Active Schools where his passion to get youngsters running burned brightly.

The WHW Race first took place in 1985 on the 95 mile long distance trail between Milngavie (just north of Glasgow) and Fort William in the Scottish Highlands.

Ends.

West Highland Way John Kynaston Memorial Bridge photo shows:

L-R:

David Neal  
Callum Tooth  
Katrina Kynaston  
Laura Park (John’s daughter - and children Micah and Anna)  
Sue Neal (John’s sister)  
Adrian Stott (WHW Race)  
Helen Munro (WHW Race)  
Stuart Mearns, Director of Place, LLTNPA  
Ian Beattie MBE, West Highland Way Race Director  
John Munro (WHW Race)  
Sandra Beattie (WHW Race)  
Carol Matthews, Visitor Experience Manager, LLTNPA  
Jane McGeary, West Highland Way BD Manager, LLTNPA

**Notes:**

Information on the West Highland Way is available at [www.westhighlandway.org](http://www.westhighlandway.org),   
**E:** [whw@lochlomond-trossachs.org](mailto:whw@lochlomond-trossachs.org)or   
T: 01389 722008, Jane McGeary, WHW Business Development Manager.

The West Highland Way (WHW), Scotland’s much loved long distance route from Milngavie to Fort William, is managed by the Highland, Stirling, Argyll & Bute and East Dunbartonshire Councils plus Loch Lomond & The Trossachs National Park, which is the group’s lead body.

Information on the West Highland Way Race is available at [www.westhighlandwayrace.org](http://www.westhighlandwayrace.org)